



# Order Calendar for Howard Road Academy-Main

## February 2010

M	T	W	T	F
<p><b>Feb 1</b></p> <ul style="list-style-type: none"> <li>- Baked Ziti with Zesty Hamburger and Cheese, Seas...</li> <li>- Linguini Alfredo with Seasonal Vegetables, Sunfl...</li> <li>- Dairy Free Pasta with Beef Marinara Sauce, Seaso...</li> </ul>	<p><b>Feb 2</b></p> <ul style="list-style-type: none"> <li>- Beef Soft Taco with Spanish Rice, Seasonal Veget...</li> <li>- Garden Vegetable Bean Soup with Wheat Dinner Rol...</li> <li>- Dairy Free Beef Taco with Spanish Rice, Seasonal...</li> </ul>	<p><b>Feb 3</b></p> <ul style="list-style-type: none"> <li>- NEW!! Meatloaf with Seasonal Vegetables a...</li> <li>- Macaroni &amp; Cheese with Seasonal Vegetables, Yogu...</li> <li>- Sloppy Joe on a Wheat Roll with Baby Carrots and...</li> </ul>	<p><b>Feb 4</b></p> <ul style="list-style-type: none"> <li>- All Natural Beef Hot Dog on a Fresh Baked Bun wi...</li> <li>- NEW!! Pasta Fagioli (Pasta with Beans and Par...</li> <li>- BBQ Turkey and Smoked Cheese Wrap with Creamy BB...</li> </ul>	<p><b>Feb 5</b></p> <ul style="list-style-type: none"> <li>- NEW!! Chicken Strip with Seasoned Pasta, ...</li> <li>- All Natural Teriyaki Tofu with Stir Fry Vegetabl...</li> <li>- All Natural Turkey and Cheese on a Fresh Baked Roll...</li> </ul>
<p><b>Feb 8</b></p> <ul style="list-style-type: none"> <li>- Revy Cheeseburger on a 100% Whole Wheat Bun with...</li> <li>- All Natural Cheese Pizza with Baby Carrots and F...</li> <li>- Dairy Free Revy Burger on a Fresh Baked Bun with...</li> </ul>	<p><b>Feb 9</b></p> <ul style="list-style-type: none"> <li>- Spaghetti Marinara with All Natural Meatballs and Ch...</li> <li>- Pasta Marinara with Parmesan, Seasonal Vegetable...</li> <li>- Dairy Free Spaghetti Marinara with All Natural Meatb...</li> </ul>	<p><b>Feb 10</b></p> <ul style="list-style-type: none"> <li>- Jambalaya with Smoked Turkey Kielbasa, Seasonal ...</li> <li>- NEW!! Southwest Black Bean Bowl with Baked To...</li> <li>- All Natural Turkey and Cheese on a Fresh Baked Roll...</li> </ul>	<p><b>Feb 11</b></p> <ul style="list-style-type: none"> <li>- NEW!! Grilled Chicken Sandwich on a Fresh Bak...</li> <li>- Homemade 3-Bean Veggie Chili with Cheese, Wheat ...</li> <li>- BBQ Turkey and Smoked Cheese Wrap with Creamy BB...</li> </ul>	<p><b>Feb 12</b></p> <ul style="list-style-type: none"> <li>- Beef, Bean, and Cheese Burrito with Fresh Fruit ...</li> <li>- Homemade Bean and Cheese Burrito with Fresh Frui...</li> <li>- All Natural Dairy Free Beef and Bean Burrito wit...</li> </ul>
<p><b>Feb 15</b></p>	<p><b>Feb 16</b></p> <ul style="list-style-type: none"> <li>- Garden Vegetable Bean Soup with Wheat Dinner Rol...</li> <li>- All Natural BBQ Chicken with White Rice, Seasona...</li> <li>- Chicken Caesar Wrap with Caesar Dressing and Fre...</li> </ul>	<p><b>Feb 17</b></p> <ul style="list-style-type: none"> <li>- NEW!! Meatloaf with Seasonal Vegetables a...</li> <li>- Macaroni &amp; Cheese with Seasonal Vegetables, Yogu...</li> <li>- Sloppy Joe on a Wheat Roll with Baby Carrots and...</li> </ul>	<p><b>Feb 18</b></p> <ul style="list-style-type: none"> <li>- All Natural Beef Hot Dog on a Fresh Baked Bun wi...</li> <li>- NEW!! Pasta Fagioli (Pasta with Beans and Par...</li> <li>- BBQ Turkey and Smoked Cheese Wrap with Creamy BB...</li> </ul>	<p><b>Feb 19</b></p> <ul style="list-style-type: none"> <li>- NEW!! Chicken Strip with Seasoned Pasta, ...</li> <li>- Linguini Alfredo with Seasonal Vegetables, Sunfl...</li> <li>- All Natural Turkey and Cheese on a Fresh Baked Roll...</li> </ul>
<p><b>Feb 22</b></p> <ul style="list-style-type: none"> <li>- NEW!! Beef Teriyaki with Broccoli, "Not S...</li> <li>- All Natural Teriyaki Tofu with Stir Fry Vegetabl...</li> <li>- All Natural Turkey and Cheese on a Fresh Baked Roll...</li> </ul>	<p><b>Feb 23</b></p> <ul style="list-style-type: none"> <li>- Baked Ziti with Zesty Hamburger and Cheese, Seas...</li> <li>- NEW!! Southwest Black Bean Bowl with Baked To...</li> <li>- Dairy Free Pasta with Beef Marinara Sauce, Seaso...</li> </ul>	<p><b>Feb 24</b></p> <ul style="list-style-type: none"> <li>- Beef Soft Taco with Spanish Rice, Seasonal Veget...</li> <li>- Bean and Cheese Quesadilla with Spanish Rice, Se...</li> <li>- Dairy Free Beef Taco with Spanish Rice, Seasonal...</li> </ul>	<p><b>Feb 25</b></p> <ul style="list-style-type: none"> <li>- NEW!! Grilled Chicken Sandwich on a Fresh Bak...</li> <li>- Homemade 3-Bean Veggie Chili with Cheese, Wheat ...</li> <li>- BBQ Turkey and Smoked Cheese Wrap with Creamy BB...</li> </ul>	<p><b>Feb 26</b></p> <ul style="list-style-type: none"> <li>- Dairy Free Spaghetti Marinara with All Natural Meatb...</li> <li>- Spaghetti Marinara with All Natural Meatballs and Ch...</li> <li>- All Natural Cheese Pizza with Baby Carrots and F...</li> </ul>

**CHEF RESERVES THE RIGHT TO CHANGE MENU FOR SEASONALITY AND NEW MENU INNOVATION.**

Quality Standards: Our menus are based on fresh, seasonal items and we use organic, locally produced ingredients whenever possible. Our meats, baked goods, and produce meet Whole Foods Market's stringent quality standards. All Revolution Foods meals are served with milk that is rBST-free. Vegetarian & Dairy-free options available daily